



Prioritising your health A GP service for rural practitioners

# Rural Doctors Foundation is about improving health in rural communities

Rural Doctors Foundation is a charity established by rural doctors who believe that access to life-saving health and wellbeing should always be available, no matter how remote the location in which people live.

We support rural communities and their GPs to improve access to healthcare and promote health and wellbeing by providing:

- Vital life-saving medical equipment
- Community-based wellness and health programs
- Emergency relief funding in times of crisis
- Rural and remote health research and advocacy
- Support to doctors and medical students.

We also work in partnership and fund education and mentoring services for rural GPs and support medical students to experience rural medicine firsthand.



### **GPs 4 rural docs**

As a rural practitioner, you provide the best care possible for your patients and community. This commitment and the limited options for you to access healthcare may at times see you neglecting your own health and wellbeing.

At Rural Doctors Foundation, we value your commitment to rural practice and recognise the challenges you experience to maintaining good health.

**GPs 4 rural docs** is a comprehensive general practice service specifically for rural health practitioners, that is accessible and independent. We come to you and provide GP services, from someone who knows what it means to be a rural health practitioner.

# **Healthcare that cares**

Our team of experienced doctors are passionate about improving the health and wellbeing of our rural colleagues and are trained in doctor-to-doctor practice.



Our doctors are dedicated to providing compassionate and quality care. Whether it be a general health check-up, disease management, referrals or simply someone to share your concerns with, our doctors are here for you.

## How is the service delivered?

**GPs 4 rural docs** has been designed to provide you with more healthcare options and minimise the impact on your practice. That's why we're bringing our doctors to you.

We provide patient-centred care and ongoing health management with the same doctor to ensure you receive the best care possible. With your confidentiality top of mind, consultations are held within a private setting.

Over a calendar year, you can expect to receive four face-to-face in-town consultations with telehealth services available between your doctor visits.



### How do I book an appointment?

Whether we are visiting your town for the first time or on a return visit, we will let you know we are coming. We arrange your in-town appointments with the visiting doctor. If receiving telehealth services, these consultations are managed directly by the doctor with you.

# Is there a fee for this healthcare?

We believe in providing the highest quality care that meets the unique needs of our patients without compromise.

We offer a private billing service and understand that every patient's circumstances are unique. Our doctors may exercise their discretion to bulk bill in certain situations.

# Want to learn more?

Don't neglect your own health and wellbeing any longer. Contact us on (07) 3039-0011 or by email at info@ruraldoctorsfoundation.org.au



We believe that prevention is the best medicine and that everyone deserves access to high-quality medical care, regardless of where they live.

#### **Rural Doctors Foundation**

Level 1 324 Queen Street Brisbane Qld 4000 GPO Box 1495 Brisbane Qld 4001

(07) 3039 0011 info@ruraldoctorsfoundation.org.au

